

# The SOARNet Sentinel

## Healthy People 2020



The U.S. Department of Health and Human Services has unveiled Healthy People 2020, the nation's new 10-year goals and objectives for health promotion and disease prevention. For the past 30 years, Healthy People has been committed to improving the quality of our nation's health by producing a framework for public health prevention priorities and actions. The Healthy People initiative is grounded in the principle that setting national objectives and monitoring progress can motivate action, and indeed, in just the last decade, preliminary analyses indicate that the country has either progressed toward or met 71 percent of its Healthy People targets.

Healthy People 2020 is the product of an extensive stakeholder feedback process that is unparalleled in government and health. It integrates input from public health and prevention experts, a wide range of federal, state and local government officials, a consortium of more than 2,000 organizations, and perhaps most importantly, the public. Based on this input, a number of new topic areas are included in the new initiative, including adolescent health, blood disorders and blood safety, dementias, including Alzheimer's disease, early and middle childhood, genomics, global health, health-related quality of life and well-being, healthcare-associated infections, lesbian, gay, bisexual and transgender health, older adults, preparedness, sleep health, and social determinants of health.

The newly redesigned Healthy People web site allows users to tailor information to their needs and explore evidence-based resources for implementation. The Web site is located at: [www.healthypeople.gov](http://www.healthypeople.gov).

### 2011 Events

### Save The Dates!

Dayton Children's  
Summerfest

July 22-23, 2011

Great Wolf Lodge  
Mason, Ohio

Ohio AAP  
Annual Meeting

Aug. 25-27, 2011

Cherry Valley Lodge  
Newark, Ohio

AAP NCE

Oct. 15-18, 2011

Boston,  
Massachusetts



Southwestern Ohio Ambulatory Research Network

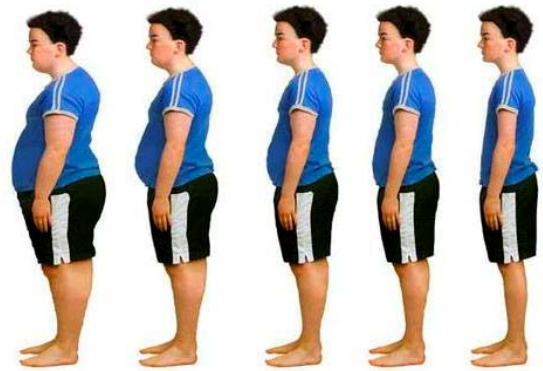
## PROJECT UPDATES

### Parental Perception of Their Child's Weight

This study was conducted on a convenience sample of 285 parents of children being seen at six pediatric offices participating in the Southwestern Ohio Ambulatory Research Network. Parents with a child between 2 and 18 years old were asked to complete a survey including demographics, children's silhouettes with various body habitus (slender to overweight), and whether the child was overweight. Children's weight and height were measured to calculate current BMI percentile.

The mean age of the children was 8.4 years and 34% were overweight or obese (BMI percentile  $\geq 85\%$ ). The sensitivity of parents' ability to identify their child as "slightly" or "very overweight" was 42%, while the sensitivity of parents' choosing heavier body silhouettes was 43%. Parents' specificity estimates with written questionnaire and body silhouettes were greater than 96%. Mean age of overweight children (9.6 years) was greater than mean age of healthy weight children (8.0 years). Compared to parents of healthy weight children, parents of overweight children more likely reported that they themselves were overweight (61% vs. 77%,  $p=0.02$ ), they "limited" their child's eating (38% vs. 62%,  $p<0.001$ ), and their annual household income was less than \$50,000 (57% vs. 79%,  $p<0.001$ ). Childhood obesity was not related to gender or duration of TV watching.

SOARNet is still recruiting more practices to participate in this study. Please contact us if you are interested in participating.



## DR. PASCOE NAMED TO REVIEW COMMITTEE

John M. Pascoe, MD, MPH, SOARNet Director, was nominated and selected for the Literature Selection Technical Review Committee of the National Library of Medicine (NLM) for a four-year term beginning July 1, 2011. This prestigious group advises on policy for evaluating and recommending biomedical publications for indexing and inclusion in Medline. The US National Library of Medicine is part of the National Institutes of Health.



## PRACTICE HIGHLIGHT

### STAR PEDIATRICS

Dr. Triplet and Dr. Hesz embarked upon the adventure of developing a practice in partnership in 1998. Their mission is to provide excellent care to meet the needs of children and families in Xenia and Greene County, with a special emphasis on providing support to children and families who have special health care needs. Xenia has a large proportion of teen mothers, unmarried mothers, families who live in poverty and a large unemployed population. Over the years, they find themselves taking care of many children of parents with drug and alcohol and mental health problems, incarcerated parents, children with developmental disabilities, children with complex medical needs, and children in foster care. They see the children of several foster families who care for children who are medically fragile. Some of their parents grew up in disadvantaged situations themselves and are not familiar with the basics of parenting. They try to provide the most developmentally and medically appropriate care to a vulnerable population. They rejoice in their families who have planned ahead to be parents and have the skills and knowledge to do so. A future goal is to extend medical care to include nutrition, mental health and social service support, dental care and nursing case management for their families. They would like to be able to offer multiple services at one central site.



## OUR VISION

Members of the Southwestern Ohio Ambulatory Research Network (SOARNet) are committed to improving the health and welfare of children and adolescents.

## OUR MISSION

Members of SOARNet collaborate within our unique collection of primary care practices (urban, suburban, rural, and military). We share new knowledge from our studies among network members and others. We aim to make important contributions that enable primary care clinicians to provide high quality, culturally competent care to their patients.

## OUR MEMBERS

Children's Health Clinic  
Community Child Health Centers  
Cornerstone Pediatrics  
Indian Ripple Family Health Center  
Ollie Davis Family Health Center  
Ohio Pediatrics, Inc.  
Northwest Dayton Pediatrics

Pediatric Associates of Dayton  
Primed Physicians of Dayton  
Rocking Horse Center  
South Dayton Pediatrics  
Star Pediatrics  
University Medicine-Pediatrics  
WPAFB Pediatric Clinic

We're on the Web!

[www.med.wright.edu/soarnet](http://www.med.wright.edu/soarnet)

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